

Rotary
Club of Penrith Valley



ROTARY CLUB OF PENRITH VALLEY INC. BULLETIN

Rotary International

President

Gordon McNally

District Governor

9685

Christine Owen

2023/24

The Rotary Club of Penrith Valley
meets on the traditional lands of the Dharug people.

Chartered 20th May 1977

P O Box 267 Penrith NSW 2751 www.penrithvalleyrotary.org

Meets Wednesday at The Coffee Club, Tench Reserve, Nepean River 6.30 for 7.00 pm

CLUB DIRECTORY 2023/2024

President: Jean Vranich

Directors:

Pres.Elect:

Club Administration: As Below

Secretary: Andrew Mizzi

Foundation: Glenn McFall

Treasurer: Alex Donaldson

Public Relations: Amber Cini/Jean Vranich

Immediate Past

Service Projects: Bronwyn Jackson

President: Bronwyn Jackson

Youth: Chris Dallen

Social Coordinator: Gayl Mallett

Vocational: Terry Davies

COMMITTEES AND CLUB ADMINISTRATION

Sergeant:

Child Protection Officer &

Corporal: Elizabeth Aitken

Risk Management: Bronwyn Jackson

Attendance & Venue: Andrew Mizzi/Paul Salamakis

Program & Club Calendar: Jean Vranich

Welfare Officer: Robyn Burton

Public Officer & Club Historian: Terry Davies

Bulletin: Jean Vranich

Calendar: Bronwyn Jackson

SERVICE PROJECTS: (Chair: Bronwyn Jackson)

COMMITTEE: Alex Donaldson, Jean Vranich

PUBLIC RELATIONS: (Chair: Amber Cini)

COMMITTEE: Jean Vranich, Andrew Mizzi

VOCATIONAL: (Chair: Terry Davies)

COMMITTEE: Shiva Prakash

FOUNDATION: (Chairman: Glenn McFall)

YOUTH: (Chair: Chris Dallen)

COMMITTEE: Robyn Burton, Elizabeth Aitken

MEMBERSHIP IS CONSIDERED THE ROLE OF EVERY MEMBER OF THE CLUB!!!

HONORARY MEMBERS:

Merilyn Beach, Bruce Chenery, Jim Aitken OAM, Armand Sukhla, Peter Lindstrom, John Gollings, Arthur Harris, Chris Kuipers, Ron Chin, Sachint Lal

Club website: www.penrithvalleyrotary.org



Happy Christmas everybody!

DATES TO REMEMBER Don't Forget:

Please organise your rosters to be available for at least one of the upcoming BBQ days.

23rd November

- ♦ 10th January: Social evening at the Bowlo. If you are not members Join!
- ♦ 17th January: First meeting for the New Year will be held at the 'Bowlo', Penrith Bowling Club, on Derby Street. We all have to join the Bowling Club as casual members for \$5. We order our dinner as we go in and they will bring them all in at the same time. Same time.

*Rotary Club of Penrith Valley Inc Bulletin is published weekly. The editor welcomes comments on items but reserves the right to edit for style and length. Reports and articles do not necessarily reflect the views of the editor or the leadership of the Rotary Club of Penrith Valley Inc. The editor respects the intellectual property and copyright of the writer including the writer's responsibility for errors of fact and spelling. **Cross fines of \$1 will apply if the editor is fined for the writer's (copyright) inaccuracies!** editor@penrithvalleyrotary.org*

What has happened?

So much has happened. I have been off the planet now for a few weeks due to health and personal issues. BUT thanks to a lovely group of people, especially Bronwyn, the club has managed well without me.

We had our Annual General Meeting on the 22nd November and a new board was elected.

President Elect: is Mario Bellantonio

President Nominee: is Richard Schuil

Treasurer: Alex Donaldson

Secretary: Andrew Mizzi

Directors: Chris Dallen (Youth), Gayl Mallett (Social), Jean Vranich (IPP, Community), Terry Davies (Vocational), Bronwyn Jackson (International), Richard Schuil (Foundation).

Great Board!

Need Publicity.

I believe it all went well.

Eat whatever you like because...

The inventor of the treadmill died at the age of 54

The inventor of gymnastics died at 57

The world bodybuilding champion died at 41

The best footballer in the world, Maradona, died at 60

And then -

The KFC inventor died at 94

The inventor of Nutella died at 88

The inventor of Hennessy died at 98

How did doctors come to the conclusion that

exercise prolongs life?

The rabbit is always jumping but it lives for around 2 years and the turtle that doesn't exercise at all, lives over 200 years.

So, rest, chill, eat, drink and enjoy life.

November 29th

Oh what a night!

Vocational visit to East Side Quarters Office

We were met at the Sales Office by Darren Latty and we were ushered inside to a lovely collection of nibbles and drinks supplied by CAFE courtesy of Amanda Gower. We partook of these delights as we listened to Darren, and occasionally Thomas Latty (son) discuss the history and future development of East Side Quarters.

It is a fascinating, inclusive development allowing people of all abilities to become residents there. It also has a number of social areas and activities along with each block having private facilities.

The prices range from approximately \$600,000 for a one bedroom unit to \$2 million plus for a luxurious 2 story penthouse. They have learnt that there is a desire for 3 bedroom family units and so future blocks will include more 3 bedroom units.

There were many questions at the end such as height of blocks, parking etc. So the group was obviously engaged and enjoyed the session.

We then all went to Hogs Breath for dinner at which we inducted two new members, Christine and Brian Smith. WELCOME!

Thank you Terry for organising an interesting evening.



PACKING NIGHT FOR CHRISTMAS HAMPERS AND SPECIFIC ITEMS FOR SPECIFIC GROUPS

On December 6th of December we had a fantastic packing night.

I must absolutely thank Robyn, Mario, Bronwyn, Richard and Alex for the extra time they devoted to this endeavour by prepacking some goods and organizing others.

I would also like to thank the distributors, Jason, Glenn, Chris, and Bronwyn and Richard. To have them delivered to those in need was no mean feat.

Glenn organized the paperwork for this endeavour and was able to get some photos at the Pay It Forward event which he attended with Jason.

Bronwyn and Richard delivered packs to The Haven which included Christmas hampers and bedding. They also delivered packs to the Penrith Community Kitchen.

Since then, Bronwyn and Richard have made more deliveries of foodstuff to the Penrith Community Kitchen.





Christmas Party!

December 10th was our final meeting for the year and we had a great Christmas Party at Gayl and Pete's place.

There were only fourteen of us but that didn't stop the fun and frivolity.

This year we tried a new format of bringing a plate of food aptly organised by Gayl. We also did a Kris Kringle which was very good.

Talk about the feeding of the five thousand...there was a great deal left over.

Following are a number of pictures of the event.









I would like to give a big shout out to Gayl and Pete who once again, allowed us to party on their property, and especially to Pete who had it all immaculate in that horrendous heat.

I hope you all had a lovely Christmas and New Year. Hoping to hear all about it on Wednesday 10th at the Bowlo 6.30pm.

*Care for one another. No matter who
we are or where we come from
we all need to be respected and be-
friended and made welcome.
Remember, we are all citizens of the
world.*



PAST PRESIDENTS (*Presidents who have passed away.)

1977/78	Arthur Bennett*	1992/93	John Brown*	2007/08	O'Brien Wyngaard
1978/79	Phil Magee*	1993/94	Jim Aitken OAM	2008/09	Ron Norman
1979/80	Ray Waters	1994/95	Barry Preskett	2009/10	Graeme Butler
1980/81	Denis Green	1995/96	John Tourish	2010/11	John Gollings
1981/82	Bert Bragg*	1996/97	Graham Beckett	2011/12	Catrina O'Kane *
1982/83	Shiva PrakashOAM	1997/98	Max Shepherd	2012/13	Jean Vranich
1983/84	Arthur Harris	1998/99	Armand Sukhla	2013/14	Don MacKenzie
1984/85	Mario Bellantonio OAM	1999/2000	Terry Davies	2014/15	Chris Dallen
1985/86	Tony Robinson	2000/01	Jim Honess*	2015/16	Peter Murray
1986/87	Lou Gal*	2001/02	Noor Vellani *	2016/17	Sarah Whereat
1987/88	Tom Walsh	2002/03	Glenn Reinhard	2017/18	Neil Williamson
1988/89	Keith Wakefield	2003/04	Graham Wilson	2018/19	Robyn Burton
1989/90	Sachint Lal*	2004/05	Alex Donaldson	2019/20	Andrew Mizzi
1990/91	Malcolm Beach*	2005/06	Linda Rios	2020/21	Jean Vranich
1991/92	Alan Richardson	2006/07	Dario Poles	2021/22	Glenn McFall
2022/23	Bronwyn Jackson	2023/24	Jean Vranich		

PAUL HARRIS FELLOWS

Up to 30th June 2021 the Rotary Club of Penrith Valley has awarded Paul Harris Fellowships to, or have the following as members or their partners who are PHFs:

Elizabeth Aitken, Jim Aitken, Dr Al_Khhawaja, Charles Ancheta, Therese Attalah, Malcolm Beach, Marilyn Beach*, Graham Beckett, Mario Bellantonio*, Adele Crane, Arthur Bennett*, Jane Bennett, John Boccanfuso, Bert Bragg, John Brown, John Buchtmann, Robyn Burton*, Graeme Butler, Eileen Cammack, Dr Shailja Chatuvedi, Bruce Chenery., Dr Ronald Chin, Wally Cox, Sheila Cunliffe, Chris Dallen, John Daly, Shamus Davies, Terry Davies*, Colleen Dawson, Alex Donaldson*, Arthur Downes, Phil Fehon, Margaret Fenech*, Kevin Forbes, Jim Freeburn, Lou Gal*, Maggie Giddens, John Gollings*, Denis Green*, Lee Hampton, Arthur Harris*, Jim Honess, Bronwyn Jackson, Phyllis Jenkins, Sue Kingsbury, Dipak Kumar, Dr Sachint Lal* Tony Lauer, Julie McElrea, Glenn McFall, Andrew Mizzi*, Peter Murray, Dr Ralph Nanan, Dario Poles, Dr Shiva Prakash, Barry Preskett*, Helen Redler*, Joe Redler*, Glenn Reinhard*, Andrew Rios, Linda Rios, Lorenzo Rositano, Marjorie Ross, Max Shepherd, Armand Sukhla*, Dr Noor Vellani, Jean Vranich*, Luciano Vranich, Keith Wakefield*, Helen Wakeling, John Wakeling*, Tom Walsh, Sarah Whereat, Neil Williamson, Graham Wilson, O'Brien Wyngaard

* *Sapphire and Ruby Pins*

Monday	Nepean	Penrith RSL	7.00 for 7.15am
	Penrith	Penrith Panthers	6.30 for 7.00pm
	Richmond	Richmond Club 6.30 for 7.00pm	
	Springwood	Springwood Sports Club	6.30 for 7.00pm
Tuesday	Lower Blue Mountains	Emu Plains Sporting & Recreation Club 6.30 for 7.00pm	
	St Marys	Twin Creeks Golf & Country Club, Luddenham	6.00 for 6.30pm
Wednesday	Wallacia-Mulgoa Valley	1440 Mulgoa Road, Wallacia	7.00 for 7.30pm
Sunday	The Ponds	Griddle Restaurant, Rouse Hill Town Centre	4.00pm

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprises and in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

PENRITH VALLEY

The 4-Way Test

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**
4. Will it be **BENEFICIAL** to all concerned?

(© Rotary International 1943)

Rotary Grace

O Lord, The giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days

(© Rotary International 1946)